

INTERNAL QUALIFYING TIMES

The fastest age category swimmer who achieves any of the times below will be selected to swim in the IAPS regional heats. Should a swimmer qualify for multiple individual events they will then be selected to swim in the event that offers them the greatest chance of progressing through to the finals.

Under 10's	25m Butterfly	25m Backstroke	25m Breaststroke	25m Frontcrawl
Girls Under 10's	20.00	21.50	24.50	18.50
Boys Under 10's	22.00	22.00	25.00	18.50

Under 11's	25m Butterfly	50m Backstroke	50m Breaststroke	50m Frontcrawl
Girls Under 11's	19.00	45.00	50.00	39.50
Boys Under 11's	19.50	46.00	50.00	39.00

Under 12's	25m Butterfly	50m Backstroke	50m Breaststroke	50m Frontcrawl
Girls Under 12's	18.00	44.50	48.50	38.00
Boys Under 12's	18.50	45.00	49.50	36.50

Under 13's	25m Butterfly	50m Backstroke	50m Breaststroke	50m Frontcrawl
Girls Under 13's	17.00	43.00	47.50	36.00
Boys Under 13's	17.00	40.00	46.00	34.50

Girls Relay Qualifying Times

Event	Under 10	Under 11	Under 12	Under 13
Freestyle Relay	1.18.00	1.14.00	1.10.00	1.06.00
Medley Relay	1.30.00	1.25.00	1.23.50	1.16.00

Boys Relay Qualifying Times

Event	Under 10	Under 11	Under 12	Under 13
Freestyle Relay	1.19.00	1.15.00	1.13.00	1.09.00
Medley Relay	1.30.00	1.25.00	1.24.00	1.18.00

- The top 16 swimmers from each age group qualify for the finals
- The finals are held at The London Aquatics Centre on Saturday 9th June
- IAPS swimming gala's follow the official ASA rules and regulations for starts & turns on all four strokes, swimmers will be disqualified for any illegal starts, turns or takeovers
- Rules state that swimmers can enter only 1 individual race plus relays